LOGOS

The Student Voice of Harpeth Hall

3801 Hobbs Rd Nashville, TN 37215

Volume 27 Number 4 May 2005

In this issue...

New Athletic Director[2]

Summer Movie Sneak Peek [3]

Sophomores: "We never can get along" [4]

No more junk [5]

Senior Wills [6&7]

Sayonara to Mulgrew [8]

Swimsuit Issue: more Playboy than SI [11]

The hunt for great sushi [12]

Mark your calendar... important dates to remember





The Triads presenting their song at the annual club song competition on May 13. The Triads took first place after presenting a Disney themed piece for the school. The competirons represent not only the finale to Awards Day, but the entire school year.

HH faculty members retire

Noura Ismail ('07)

News Editor

As the school year comes to an end at Harpeth Hall, Pickslay Cheek (Business Manager), Dot Smith (Admissions Coordinator), and G'Anne Harmon (Winterim Director) will be retiring.

Pickslay Cheek was recruited to Harpeth Hall in January of 2000 to insure the satisfactory completion of the Ann Scott Carrell Library . He soon became Business Manager of Harpeth Hall.

He explains "My responsibility has been the care and management of the physical assets of the school."

Mr. Cheek has no distinct plans after he leaves Harpeth Hall, but says he still intends to live a productive life.

"As long as I am healthy and able, I intend to work as I always have, but maybe with less stress and long hours. I am concerned that my five granddaughters and grandson will be grown and on their own before I have a chance to enjoy them while they are young."

When asked about his time here at Harpeth Hall, Mr. Cheek replied "I can say that one cannot find a better place to work. [Harpeth Hall] is a great institution. Everyone is committed to making this school the best it can be. It is very pleasant to work with smart, hardworking, caring people. I feel fortunate to have had this opportunity."

Since coming to Harpeth Hall in 1983, Ms. Dot Smith has contributed to the school in several ways.

"I have loved working at Harpeth Hall. I feel like I've been a part of a lot of different areas of the school." After leaving Harpeth Hall in May, Ms. Smith plans to take care of her new grandchild who is expected shortly.

"I guess what I most regret is that I really did not have much contact with more students. I know a lot about you, but just not what you look like! This is an amazing school with so much to offer each student. It has been a privilege to be a part of it."

A graduate of and now teacher at Harpeth Hall, Ms. G'Anne Harmon is planning to take a new road in her life

"I loved being here as a student, and being a part of the HH community has been a perfect way to end my career in education."

Ms. Harmon has been in charge of the Winterim program for three years as well as creative writing teacher and advisor to the Writer's Society.

After leaving, she plans to devote more time to her children and grandchildren, as well as work on her own writing projects.

"I am inspired and encouraged every day by the creative thinking of the directors and practitioners of teaching programs on the Harpeth Hall campus," she says.

Ms. Harmon adds "Harpeth Hall is a school dedicated to leading young women to develop a passion for learning and achieving and to reach toward a meaningful life. I am thankful that such a school continues to thrive in our community and that I have been able to be a part of it during this chapter of my life."

Students celebrate Pulse Day

Emily Turner ('07)
Staff Writer

Twenty-five Harpeth Hall students participated his year in Pulse Day.

Pulse Day, an annual event during when teenagers from all over Nashville join together to help the community in various service projects, is usually held in Centennial Park. This year, due to bad weather, it was held at Rocketown, a church-owned club for teens, on Saturday, April 2.

Harpeth Hall girls formed two teams led by Caroline Halleman ('07) and Emily Turner ('07).

Emily Turner's group, Team Shasta, went to the Prevent Child Abuse offices and decorated bags to be given away during Child Abuse Awareness Month.

The bags were filled with many items including bracelets which were dedicated to the cause. Adults at the

center expressed their appreciation for the girls' work.

Caroline Hallemann's team went to Monroe Harding Children's Home and helped clean the school. Members of this team did various tasks including washing windows, cleaning bathrooms, and organizing storage spaces.

The volunteering portion of Pulse Day lasts a few hours. Participants then return to Centennial Park (or, as was the case this year, Rocketown) for refreshments and entertainment.

"I really enjoy doing Pulse Day every year, because it is a great example of just how much the youth of Nashville can do if they just set their minds to it. Just ask anyone who took part in Pulse Day - they will tell you how much fun they had," says Caroline Halleman.

Harpeth Hall presents "The Greats from the Grammys"

Noura Ismail '07)
News Editor

Spring brings with it a flurry of events at Harpeth Hall including the annual spring dance concert. This year the event occured May 5-7.

Dances were choreographed under the theme "The Greats from the Grammy's". Featured were songs incuding Michael Jackson's "Pretty Young Thing" and Mary Chapin Carpenter's "Why Walk When You Can Fly".

The entire dance company is comprised of 67 middle and upper school girls led by director Stephanie Hamilton.

Dances ranged from contemporary and classical ballet, modern, jazz, and tap.

Christie Carter, a Harpeth Hall mother who has attended the concerts for the past four years, said "This year was one of the best I've seen. The music and choreography were excellent and the excitement and energy in the dancers were wonderful. I just wanted to get up and dance with them!"

The concert concluded with a full company finale to Saturday Night Fever's "Stayin' Alive".

Dancer Emi Mimms ('07) continously looks for-

Director of Athletics



Pictured is the Upper School dance company led by director, Stephanie Hamilton. The girls are pictured in their finale costumes for *Saturday Night Fever's Stayin' Alive*.

ward to the event with anticipation.

"The highlight of my year is always dance concert. The long hours of practice and rehearsals finally pay off. Just look at how awesome it was this year!"

Top stories from around the world

Noura Ismail ('07)
News Editor

ITALY:
Cardinal Joseph
Ratzinger, 78,
became the new
Pope Benedict
XVI on April 19,
2005. Cardinal
Ratzinger is from
Germany and has
been head of the
Congregation for
the Doctrine of the
Faith since 1981.
He was selected
as Pope 17 days



Cardinal Joseph Ratzinger of Germany was selected as the new pope on April 19, 2005

after the former Pope, John Paul II, died, commencing as the new head of the world's 1.1 billion Roman Catholics.

CUBA:

Thousands of people in Havana enjoyed Cuba's first openair concert by an American band on May 6. Ironically, the band, Audioslave, appeared in Anti-Imperialist Plaza, a venue originally designed for anti-American demonstrations. The concert was licensed by U.S. authorities, which was surprising to many due to the history of rocky relations between the two countries. The concert's organizers speculate, however, that the Cuban and American governments sanctioned the concert believing that it would reach out to Cuban youth.

Lance Armstrong, indicating his six consecutive wins in the Tour de France, plans to retire after his seventh race this July.

FRANCE:

Six-time Tour de France winner Lance Armstrong recently announced that he plans to retire from cycling after seeking a seventh consecutive victory in France this July. The 33-year-old American hero overcame cancer to become the greatest champion in cycling's most famous race. Armstrong explained that he wants to spend more time with his children and his girlfriend, pop singer Sheryl Crow.

Noura Ismail ('07) News Editor Ms. Karen Schwartz, the current 6th and 7th Coach Schwartz was selected as the new directo grade English teacher and upper school baskethall coach after first applying for the position early this year. Severa

Ms. Karen Schwartz named new

grade English teacher and upper school basketball coach at Harpeth Hall, has been appointed as the new Director of Athletics.

She will be replacing Ms. Susan Russ, who will serve her 26th year before stepping down as Athletic Director this May.

Ms. Schwartz has spent most of her life as an athlete or coach.

"When I was young I was a dancer, but around 8th grade I fell in love with athletics. I continued to devote my time to sports through high school, college, and now at Harpeth Hall."

In fact, Coach Schwartz is celebrating her eighth year at Harpeth Hall. After beginning in 1997 as the seventh grade English teacher, she immediately committed herself to the athletic program, starting as Assistant Varsity Volleyball Coach and Assistant Varsity Basketball Coach.

Coach Schwartz led Harpeth Hall to the school's first state championship in volleyball in 2001, the school's first state championship in basketball in 2003, and another basketball state championship in 2005. She has been named coach of the year in both sports over the past few

Coach Schwartz was selected as the new director after first applying for the position early this year. Several applicants from an outside search were considered, but in the end the position was hers.

"I am really excited about embarking on this new adventure. The athletic program is already very strong at Harpeth Hall, and our previous athletic director, Ms. Russ, has done an excellent job. I look forward to building on the existing program, and with the help of the Harpeth Hall community, I know we can take our Athletic program to a new level."

Although her new position will require more time and work, Coach Schwartz plans to continue coaching basketball next year.

Whitney Downs ('05), a member of the varsity basketball team, feels that Ms. Schwartz's appointment was a great decision.

"Coach Schwartz has helped me and the other girls on the team develop not only as players, but also as students and people. She has instilled in me respect for hard work and discipline as well as the rewards they bring," said Whitney.

Coach Schwartz will officially assume her new post July 1.

SOUTH KOREA:

Six circus elephants escaped from a zoo in Seoul, South Korea on April 19th. The jumbos fled from their cage at a circus arena set up in Children's Park in northeastern Seoul, where they performed five times a day. One was immediately recaptured and chained at a nearby police station. Three others were being herded back into their cages when they turned



Animal trainers tried to capture one of the fleeing elephants at a house in Seoul

tail and fled again. They turned up at a nearby restaurant, destroying chairs and tables. Two others lumbered down neighborhood streets, snarling traffic and alarming pedestrians. There were no reports of casualties.

Nashville awaits changes in the Green Hills Mall

Mary Olivia Mullin ('07)
Contributing Writer

Poised for future growth, the Green Hills Mall is on the cusp of signing several nationally renowned retail-

Although renovations are not yet complete, the mall signed contracts for a \$24 million addition last year to suit the refined Green Hills stature.

Stores like BCBG Max Azria, Cole Haan, and L'Occitane will be a part of the new addition, as well as new restaurants like the Cheescake Factory and Panera.

Although the department store Hecht's finished renovation just last November, it was recently announced

that it has been bought by the multi-billion dollar chain Macy's. However, there is no report of Hecht's changing its name to Macy's.

Mall representatives have not commented on the many circulating rumors, but Tiffany's and Louis Vuitton are two names that have been mentioned as new additions to the mall

By the fall of 2005, it is expected to have over 100,000 square feet of new space.

The complete mall changes are expected by fall 2005.

Correction:

In the March 2005 issue of *Logos*, an error occurred in the caption of the "HH wins state finals" picture. The correction should read: "Harpeth Hall beat Brentwood Academy 48-37 in the state finals on March 5, winning their second state championship in three years...".

Logos regrets these errors.

logos

Spring/Summer Preview and Review Movies past and some to look forward to

Monisha Chakravarthy ('06) Staff Writer



Spring 2005 Review

The Interpreter (Nicole Kidman, Sean Penn)

When Sylvia Broome (Kidman), a United Nations interpreter of a rare African language, accidentally overhears a conspiracy plot while on the job, she tells the brusque federal agent Tobin Keller (Penn). Keller, however, can't seem to

trust the mysterious woman as

there is evidence to indicate

she may actually be involved.

This movie seems to be as much about the U.N. itself as it is about its two co-stars. While director Sydney Pollack did have to go through a nasty legal battle to be allowed to film in the actual U.N. building, the focus on the setting can be overwhelming and sometimes irrelevant. Kidman and Penn, however, are not overshadowed. They both bring superb depth and feeling to their roles. As usual with political/action

dramas, the movie loses control because too many principles are being argued for, but it does pose many relevant questions.

Fever Pitch

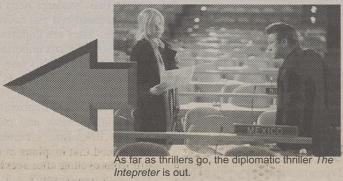
(Jimmy Fallon, Drew Barry-

The Farrelly Brothers pitch a flawed curveball with this stickysweet romantic comedy. Barrymore plays Lindsay Meeks, a busy professional who is feeling

like she's running out of time to find Mr. Right. Enter Ben Wrightman (Fallon), a geometry teacher who is not-so- secretly obsessed with the Boston Red Sox. Fallon and Barrymore have lukewarm chemistry and do the best they can with a limited script, but unless you really like baseball or the Red Sox, this one may not be worth your money.

A Lot Like Love (Ashton Kutcher, Amanda Peet)

The only things that are good about this movie are the good looks of the costars. The premise of the plot reveals all of this movie's flaws: Emily (Peet) "makes the first move" on Kutcher in an airplane lavatory, and from that point on the two continue to meet sporadically throughout the next few years, realizing slowly that they really are meant for each other. It's a long way from entertaining (unless you're an Ashton





Summer 2005 Preview

While we're all planning on standing in line for War of the Worlds, Star Wars and other usual summer blockbusters, here are a few unconventional films you may not want to miss!

Rize

This indie documentary by David LaChapelle examines the rise and explores the techniques of "krumping," a dance explosion ignited by the robotic and energetic urban dance form originally from South Central L.A. LaChapelle was first exposed to it on the set of Christina Aguilera's "Dirrty" video and was fascinated by this bizarre and exotic dance form. Armed with a camera and his interest, LaChapelle creates a water. Is it the hateful ex-husband

tionary dance style. (June 24)

The Sisterhood of the Traveling

It's one big teenage lovefest when four girls buy a pair of magical jeans that seems to be turning everyone's luck around, especially in the dating department. Based on Ann Brashares's best-selling novel, this peppy summertime fare is a sure hit. (June 3)

Dark Water

This is not your ordinary ghost story. When a divorcée moves into an old apartment with her daughter, she finds that the house is not haunted by a ghost, but by passionate account of this revolu- or really a ghost who's play-

ing with the pipes in this home? Following in the trend of other Japanese horror flick remakes (The Grudge, The Ring), this film promises to be more than just a bag of cheap thrills with Jennifer Connelly (A Beautiful Mind) starring. (July 8)

Valiant

With the Dreamworks-produced Madagascar coming out only a few months before, it may be an uphill battle for Disney to make this cute British CG cartoon a success. The film centers around the battle between a WWII bird squad and evil German falcons. But then again, who doesn't want to see cute little birds and mice fighting for the ideals of democ-

From the Book Club: **Summer Must-Reads**

The DaVinci Code by Dan Brown

Angels and Demons by Dan Brown

The Secret Life of Bees by Sue Monk Kidd

The Mermaid Chair by Sue Monk Kidd

Life of Pi by Yann Martel

The Kite Runner by Khaled Hosseini

I am Charlotte Simmons by Tom Wolfe

Chloe Does Yale by Natalie Krinsky

March by Geraldine Brooks It's Only a Movie (biography of Alfred Hitchcock) by Charlotte Chandler

The Count of Monte Cristo by Alexandre Dumas

The Curious Incident of the Dog in the Night-Time by Mark Haddon

True Believer by Nicholas Sparks

The Five People You Meet in Heaven by Mitch Albom

If you love to read, the Book Club is a great place to share your passion. Stop by Mrs. Girgus's room and grab a copy of Chocolat, the first book for next year.

Book Reviews: Grace's Picks

Grace Wright ('08) Staff Writer

The Hitchhiker's Guide to the Galaxy by Douglas Adams

Arthur Dent wants nothing more than to exist in his humdrum life and have a good cup of tea. Unfortunately his planet, known as Earth, is scheduled to be terminated to make way for an interstellar highway. Saved at the last minute by his friend Ford Prefect, a writer for The Hitchhiker's Guide to the Galaxy, Arthur is tossed unceremoniously about the universe. The only thing that appears to be the least bit helpful, besides Ford and his two other companions, Zaphod and Trillian, is a small computer with large friendly letters on the front reading "Don't Panic."

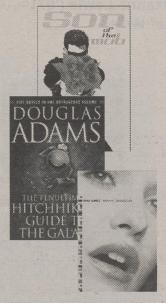
Head Games by Mariah Fred-

Princess Mia meets the comput-

er geeks of the age in this story fact that he has a major crush on about a relationship formed over the daughter of an F.B.I. agent. cyberspace in a multiplayer roleplaying game. Judith plays these games obsessively to avoid her actual life. However, a twist in the plot leads her to use her escape as a tool for dealing with the situations around her. Hilarious and sensitive, this is one of those books you won't put down until

Son of the Mob by Gordon Kor-

Life is tough enough for the average teen: school, the opposite sex, friends, family, etc., but with in the first pages of the novel it becomes clear that our protagonist has more than his fair share. Vince is the reluctant son of one of the city's largest mob bosses and that is only the beginning. This definitely does not help with the



After seeing the summer movies above, curl up under the sun with one of these exciting reads.

Sophomore sass

Becca Hill ('07) Staff Writer



Jessica Lavender ('07) and Kristen LeRoy ('07) demonstrate a rather exaggerated version of conflict in the sophomore class

Since we as wee freshmen began to clog up the halls of Harpeth Hall, the sophomore class has been flourishing intellectually and melodramatically.

While it may not be readily apparent to students in other grades, no matter how many charming girls are in the tenth grade class they are continually "overshadowed by their occasional cattiness", according to a Emma Hunt ('08).

In no way am I suggesting that there are no trustworthy or compassionate sophomores; our grade is full to the brim with them.

It just seems as though we can never get along. And perhaps because of this slight lackof-cooperation factor, we seldom seem able to get anything done quickly or efficiently.

Take our class fundraiser, for example. As freshmen we did a sufficient job of picking a crowd-pleasing t-shirt design and collecting enough money for the project, but this year?

but the fact is that for some reason apt president. or another we missed our modest goal by a few thousand.

sophomore class president, has more money. For that to happen, of college preparabeen an admirable leader and has everyone must work together.' done a commendable job of not

"It just seems as though we can never get along."

freaking out.

differences aside," she said.

According to Kate, "If we act serious and become a to be signed, and no one has to take a full year whole class, we have it in us... people just don't realize it."

large amount of faith in our class as we troop toward the notorious fiasco of junior year: PROM.

The baton will be passed at the end of the year from Kate It is easy to place blame, to Rebecca Lee Barden, another

According to Rebecca, "In order to put on a successful Kate Corcoran, current prom, we will need a great deal

Rebecca will try her best next year to though this test is rally us all into one collective voice rather than girls over boys, a spattering of opin-

give a sterling perfor- average of scores mance, but I want all of us as showed that girls

"We just need to put our a class to agree to some sort of did not necessartruce before disaster strikes. No peace treaty needs boys, but it will

promise to agree with any other girl whom she dislikes as long as She has a comparatively she will promise to be amiable to-

Hopefully, accord can be achieved without conformity.

SAT change for best

Melissa Kim ('07)

Opinions Editor

The College Board, which plagues American high school students with the SATs year after year, decided that they needed a change after college admissions officers criticized the impact of the scores, which sometimes misrepresent students' aptitudes, on acceptances. This even went so far that, according to the College Board, many private schools were making SAT scores optional on their applications, and other schools were contemplating taking similar action

Needless to say, this shook up the College Board because their test was not as fair as they thought that it was and they did not want to lose any revenue by losing thousands of clients. And so the criticisms have brought about the "new SAT."

According to the College Board, this new test is 45 minutes longer than the original, and the changes include omission of analogies, shorter reading passages, an essay, and omission of quantitative comparisons.

In addition, math topics have expanded into the third year

tory math.

rumored to favor Ms. Paine, colcounselor, I am sure that she will says "the recent ily do better than and multiple tests

to see what groups This book may actually be help-[will] do better or ful when SAT prepping.

This is too bad, because being at an all-girls' they will do well.

school, it would be nice to have

the upper-hand for once.

According to Ana Nettles, senior, "The SATs are a test created for men by men." Bracey Stewart, a junior who has taken both the new and the old SATs, believes that the new SAT "does not favor girls as opposed to boys... but most girls are more into writing, and girls don't do as well on analogies because they second guess."

Still, our inside source Ms. Paine suggests that students "be sure to pay attention to grammar, use varying sentence structure, break the essay down into paragraphs, and use complex sentence structures," for the new essay por-

All in all, SAT scores are not everything.

Ms. Paine and Ms. Barringer agree that "students need to keep their standardized test scores in perspective. They are important but they are not the most important part of an application. No one is admitted to college on SAT or ACT scores alone. Test scores tell you nothing about a student's curiosity, energy, special interests and passions, talent, discipline, kindness, and compassion. Admissions people are interested in all those quali-

ties as well."

The changes are not too drastic, and analogies will clearly not be missed, since, as Bracey "[They] says, were stupid anyway.'

Ultimately, as long as students know what is on the test, have had at least some background in the material, and practice (perhaps by using the nifty SAT preperation book),

Highschooler in the hallway: A look at your opinions

Suzanne Lewis ('07) Staff Writer

How do you feel about mandatory Step Singing attendance?



"There is no reason necessitating their attendance. Juniors and seniors crowd the lawn enough; two more grades would either fill it up beyond breathing capacity or stretch the audience beyond auditory range. It would also be trouble for their parents, as the freshmen cannot drive." -Sarah Rowe ('05)



"Of course it should not be a requirement. It should be an enjoyable tradition that people should want to go to, not something that people have to go to, because then it turns into

just another assembly." -Lauren Marcus ('06)



"I think that it should only be a requirement for upperclassmen because they are the only ones singing." -Sarah Feldner ('07)



"I think that we should be required to go to Step Singing because it brings the school together.'

-Samantha Williams ('08)

Schiavo: a case of life, death, & ethics

The controversial Terri Schiavo case has

brought about many more questions and

contemplations about ethics

Emily Thompson ('07) Staff Writer

death of Terri Schiavo was vindicated; however, I neither conprocess of the slow starvation through which she was put.

Terri Schiavo's life and the state she must live. that she was in was not one that I believe many would choose to this law because in matters of life

lieve that Schiavo died on March err on the side of life. 31, 2005 as a result of callous starvation. The prolonged death does not exist in Florida, Schia-

that she underwent is not something that the American legal system would even do to convicted murderers.

Her feeding tube was taken away, and

power to change the situation.

American government, I do not so long? agree with the fact that the courts, er or not she would want to live or and had two children.

is one major law in Florida that loyalty are questionable. I do not agree with: if a person does not have a living will and be learned from this case. Everysomeone can present clear and one should have a living will to convincing evidence that this per- ensure their wishes are not forgotson does in fact not want to be put ten or disregarded. In the event on life support, then that is sufficient, and they can be taken off.

in this case, which could have Terry Schiavo did. been avoided in the first place if

I believe the ultimate Florida shared the same law with Tennessee where a living will for the decision of ending someone's done nor understand the barbaric life is required; meaning that if Schiavo herself did not write down that she wished to die, then

> I am an avid believer in and death, if a person's wishes are Having that said, I be- unknown or unclear, it is better to

> > But because this law

vo's husband Michael was able convince the courts that she would not have wanted to continue living.

I find this to be suspicious

family and loved ones had to sit because he did not say anything by and watch her die without any about Schiavo's wishes until seven years after her accident. What While I do believe in the finally made him speak up after

Why did he not just dimade up of people who had never vorce her and let her parents take known or talked to Schiavo, were care of her? After all, he had algiven the ability to decide wheth- ready moved on to a new woman

Why fight so hard for her Specifically regarding death? While I cannot definitively the legal aspect in this case, there say, I think that his motives and

I think a few lessons can that someone choses to die rather than prolong pain, they should not This is what happened be made to suffer in the process as

From the Editors

Enough, already

"And one by one, the plastic

containers find their way to a

landfill, where like sprinkles they

glisten atop a mound of trash."

Harpeth Hall spends millions providing its students with a quality education.

The lessons students learn about subjects from the coordinate plane to Russian economic history are invaluable; what students learn about themselves is even more so.

So, as they say, that's money well spent. If only the school spent all of its funds so responsibly.

Every year, Harpeth Hall bombards its current and prospective students with junk. For some members of the Class of 2005, the influx

began with the fifth-Open House eight years

ago; at that event, each prospective Honeybear received a threecolor HH highlighter, a ballpoint pen, and a giant HH paper clip.

Today, Harpeth Hall showers visitors at Open Houses with hot commodities like HH chapstick. Undoubtedly that chapstick sways these girls' decisions about where to go to school.

Actually, that chapstick usually ends up in the trash can. Surely not, some might argue - it's useful. Perhaps in principle the gift of chapstick is practical, even gracious; still, a girl's favorite balm is more likely to be a tube of Burt's Bees, a tub of Carmex, or a dish of Rosebud.

Thus, the HH tube sleeps in the crusty corner of a bathroom drawer, or melts in the glove compartment of a car.

And one by one, the plastic containers find their way to a landfill, where like sprinkles they glisten atop a mound of trash.

Girls who actually attend

Harpeth Hall are the lucky recipients of even more stuff. Two recent examples come to mind: the green plastic visors given out at Ms. Patty's 90th birthday celebration and the commemorative plastic cups from the Almost-Alumnae Luncheon.

The events themselves, of course, are fun and memorable. But is anyone really going to go play tennis in her hard plastic visor? Does a plastic cup really sweeten the memory of an experience?

This waste is no new phenomenon. Many will remember

receiving keychains in honor of Harpeth Hall's 50th Anniversary

years ago. Most students at this school, however, do not drive and thus never carry keys.

Just this fall, at the assembly to open the new Middle School, each girl found herself the possessor of a glossy souvenir program.

If these tokens did not end up strewn across Souby Lawn, they were stuffing trash bins across campus by lunch.

It is a hard truth that society does not make recycling easy. Americans are enabled, if not encouraged, to waste.

But the prevailing attitude that more is better must be zapped at its source by decreasing the production of inane, unnecessary things.

Harpeth Hall must begin this change in its own small community.

After all, one of the central lessons Harpeth Hall preaches is that of responsible living, and taking care of the environment is everyone's responsibility.

LOGOS Number 4 May 2005

Editor-in-Chief Anna Poss

News Editor Noura Ismail

Opinions Editor Melissa Kim

Features Editor Taylor Sitzler

Entertainment Editor Perry Del Favero

Sports Editor Melissa McCord

> Copy Editor Claire Berry

Photo Editor Molly McCullough

Business Manager Grace Herbert

> Adviser **Denise Croker**

Logos is a student publication of Harpeth Hall. It represents the students' voices, views and opinions. It is in no way reflective of the faculty, staff, or admnistration of the school. Any questions can be directed to Anna Poss, Editor-in-Chief, or Denise Croker, adviser.

Logos encourages Letters to the Editor. Letters should not exceed 250 words, and they must be signed by the author to be considered for publication. Logos reserves the right to edit letter for length, grammar, and content. Letters may be submitted to Opinions Editor Melissa Kim at mkim@harpethhall.org



ose those lofty lunch "b

Emily Turner ('07) Staff Writer

I do not bring my lunch to school. However, if I did, I would most likely bring it in a brown paper bag, or maybe even a lunch box.

The purpose of such a container is just to carry food, so it does not have to be special, but here at Harpeth Hall it has become a trend to bring lunches to school in designer bags, as in the paper bags one is given by a store employee upon making a purchase.

There are a couple of things that are just plain wrong with this new trend at Harpeth Hall. The first is the fact that it is very impractical. I have seen girls remove their food items from Coach paper

bags many times, and it is obvious that their lunches take up only a fourth, if that much, of the space. One might as well carry a brown paper lunch bag.

The second thing wrong with bringing lunch in designer bags is that doing so is rudely showy. Everyone at Harpeth Hall knows that a majority of the student body can afford to shop at stores like Coach and Burberry, so there is no need to show off. I already see the labels on the purses carried around; bragging through a lunch bag is over the top.

Another reason why this fad should fizzle is because they are designer paper bags. Designer paper is an absurd notion. If a person has one of these paper bags, then she obviously bought something from the store; she should carry or wear that around instead.

Yes, I would have to agree that the new Coach pattern is very cute, and I am a big fan of anything Burberry, but if you must show the world that you can afford these designer items you should do so outside of school.

Many people think of the students of Harpeth Hall as rich snobby girls, and by carrying lunch in designer paper bags studets are just proving their point.



Paper Coach bags with lunch in tow have many a time been spotted on campus. Take this one for example, lying in the hallway convieniently located next to a Logos kiosk.



I, Annsley Miller, hereby bequeath

The Class of 2006: The senior house. You guys are awesome and your senior year is going to be a blast. Take care of the teachers for us! Beth Ward, Ginny Brown, and the

Milestoners: the computers, croppers, and millions of pictures. Keep up the good work! I can't wait to come back and see how next

year's yearbook turns out.

The AP Art girls: another entire year with the wonderful Rosie Paschal. Don't get stressed out and enjoy it!

Caroline Tanner: Keep the greatness of Walnut Drive alive!

The incoming freshmen: Take care of my brother!

English Taylor, Suzanne Lewis, and Sarah Feldner: Guard the art room with your life. Zoe Stein, Melissa Neal, Krissie Binkley, and Emily Hassell: Keep being you. Eileen Campbell and Taylor Parrish: Make

the Tall Wall proud!



I, Whitney Downs, hereby bequeath

E-dawg: the ability to be snieve, a caseload of orange Gatorades, pre-game speeches, talks in "my bed," the crevasse, the care of my little sister, drives to B.A., and a million

"I heart yous."

K-dawg: snieve/ snerkish nights, Brrrrick, the ability to memorize rap songs, a Paula Abdul dance video, perfect ponytails, 800 what, the sun, and the number TIRTY TREE.

J-Train: "SEENIOR, SEENIOR," the abil-

ity to represent the country, "In yo eye," the ability to check the wind, and a new boyfriend who actually likes you.

Lil Nikki: Aturas, DIGITS, the gauntlet, the monkey, maximum respect, cacti, open gyms, and a night with Steve.

Tay Daddy: the paint, a free back massage, touching the rim, Nike blush, and t-shirts at volleyball games.

EJ: random outbursts in biology, that doctor, email conversations in biology, and the five

Snorton: Virginia boys, cookies at your house, watermelon football, a softball state championship, and lots of shoe polish to write on cars.

Claire: random stories about CPA guys, Ru, not studying, rides back to Franklin, five hundred coupons to Sonic, my basketball shoes, and the signature "CLAAR" voice.

Chedda: the ability to serve the cheddar, cute pictures, and the ability to talk in ebonics. Hayes: someone to point up towards the ceiling at, messed up pictures, and nights at your

Meg: the cute award.



I, Whitney Haley, hereby bequeath to:

Ginny Brown and Beth Ward: Milestones! It's a lot of work, but I know you will do a great job. I will miss you next year!!

Aly Mac: being a senior. Keep that smile

on your face because this will be the best year ever! Come visit me! Love you!!

Ms. Grace: an organized Milestones room for the last time! I'm going to miss working with you and can't wait to call you Martha Ross!!



hereby bequeath to:

Corinne: The face! Tori: your understanding

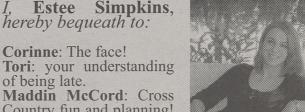
Maddin McCord: Cross Country fun and planning! Your spirit will make it the best ever! Don't forget: business in the front, party in the back.

Diana Wallace: a love for fashion, bathroom acces-

sories (including products which serve as decoration), vintage clothes, and cute stores. And of course, tube rides in Rock Island!

Ansley Wallace: laughing about goofy stuff and running to TCBY (and some other stores) for track prac-

Anne Laurence Johnson: your love and appreciation for Ralph Lauren, not only Polos but the collection in



Mary Susan Sinclair, h bequeath to: hereby

Anna Rose Heyman: my angermanagement skills, chorus front row fun, information on love and dealing with drama, stage obsession, and moral support. Your father and I will

be there for you always.

Claire Moll: motherly love, discussions of drama, Hedda backstage talks, innumerable hugs, and all the luck I can wish you. Your

father and I love you. Becca Hill: all of the flowers in the world, happiness, Jump Little Children songs, and rides home. I'm sorry I was your husband's



general. You are the only person that will agree with me that a monogram will make any item that much better! Thanks for all of your fun!

Jaclyn Kireyczyk: Our lane at practice. I will miss your incredible tim- Chelsea Ardisson: theatre fun, improv suping ability and your fun nails!



Sarah Lovett, hereby bequeath to:

Grace W.: you know what I leave to you.

Grace D.: keep up the sar-casm, it will help you whittle away hours in the Bear Lair and provide you entertainment.

Chelsea: Singing at random intervals throughout the day. Keep singing and

Amanda: the same thing I leave to Grace W. Sarah W: of course, I leave the Equine Club – keep

Megan: stay focused, don't let what other people say

get under your skin. And to those of you who I've left out due to word constraints: I apologize; just e-mail me and I'll tell you what I hope you take away from your time with me. I'll miss you all terribly. To all of you I'm leaving behind: stick together. And remember, "Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind." – Dr.

port, and lots of love. Keep on truckin! Amanda Dean: my old ugly phone. Enough

Senior Wills for th

Grace Wright: non-flammable houses and fun in the light booth.

Grace Douglas: Della!!!

Margaret Walker: all of the love a big me can give a mini me, you are MY little math/ science nerd. Yeah Buick!

Lindsay Turner: the rights to the leather jacket, because it's only fitting for a mother to do so.

Grace Douglas: Josh Groban duets. All others: I love you all and I'll miss you very much.



I, Perry DelFavero,

hereby bequeath to: Logos Staff: Lunch meetings and long hours, the media lab, paid for P.F. Changs. Chess Club: The coolest president and sponsor ever. Everyone: My little sister. Take care of her and don't let her ruin my good name.

logos

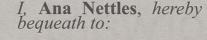


I, Claire Berry, hereby bequeath

Mary Tek and Becca Hill: continued theatrical success in musicals and of course beyond, dominion over the chess club, and a place in my heart for the little sisters I always wanted to have.

Alex Hoblitzelle: hair-cutting scissors, a toga, the title of "King of the Winds", shotgun in the Sub for shady excursions in the HH lot, a hug around the neck, dibs on the futon in my future Yale dorm room if you're ever

"interested", illegal outerwear, and gratitude for the zaniness you've brought to my everyday life.



My little sister (Sabin): my job as big sister (while I'm gone), the remote control, weekday morning rides to school with Mom and Aidan, and an open door at Penn next year any Thursday 7/8 eastern for the O.C.

My other little sister (Aid-

an): lots of plaid skirts to be hemmed down to fit you. And a pair of old saddle

shoes that you will eventually grow in to. Future Senior Soccer Studs: my little sister, at your

disposal (be nice!), a good shot at killing B.A, and the right to put "rap" on your pre-game mix!

Slizz: Sports Medicine Physicals with those kids from

White House. Shannon Niedermeyer: My Bio book (in case you want to thumb through it next year), trips to Mag-



I, Katy Bowers, hereby bequeath

Anna Rose Heyman: Chase Altenbern, the love of my life, Playmakers (the good, the bad, and the ugly) and the reserved center seat on the stage. Keep on smiling and you'll do great!

Annie Tipps: My ability to be incredibly mean. Use it wisely (and only on the court).

Jillian Peterson: Dr. Huddleston, the job of hosting 8th grade karaoke parties, and of course, all random and really bad "your mom" jokes.

Dr. Cooper: the title of the sweetest man at Harpeth Hall. Coop, you're the greatest and I

will really miss you next year.

Carolyn Murdock: the job of keeping laughter at high levels here at Harpeth Hall. I expect to be able to return and here your piercing laughs all over the campus.

Anyone Taking Calculus Next Year: HA-HAHAHAHA!

Allison Buntin and Diana Beckner: the SADDest club at Harpeth Hall. I know that between the two of you, you can make it fun. Margaret Tipton: the joys of being straight up weird. Keep on being yourself and maybe someday you'll talk someone into pretending

that you're deaf! Diana Wallace: the old ladies of Harpeth Hall and Ward-Belmont. Enjoy them, laugh only when they aren't watching, and have a

great time. The Divine JC (Joe Croker): the job of inspiring future students, as you did me. Thanks for the inspiration... English- related and otherwise. You're the man!

Barbara Pritchett: the wonders of long block photo, long stays in the dark room, and the other joys of life!

Zoe Stein: Malcolm Morrison and all of his British splendor.

The Tennis Team: ATR.

Mrs. Maxwell: future physics students at Harpeth Hall who I'm sure you will continue to nurture and share peppermints with. Thanks for everything.

Caroline Tanner: Caldwell Tanner and all of his humor. I also leave you hot dates beyond your wildest dreams with you know who.

The Men (and Woman) of History: the joy

of trying to relay too much information to students in too little time. You're doing a great job and I hope that you keep it up. Thanks for all the classes you've taught me over the years (especially to those of you who've gotten to have my shining face in class more than once).



the Class of 2005

gie-Moo's, and an open door at Penn

Gramela (Hartong): I'm not sure what to leave you, Grammo. You are cool and

Lauren Riegle: I wanted to give you a definitive answer that if you "talked like this all the time" it would

get really annoying! Maddin: aka. Future Pres. I want to leave you with a little advice: no matter what, remember that you can-

not make everyone happy!

Future Studs: The Student Council and its glory.

Rachel McKenzie: Any upper school leadership position you want. I have no doubt that will do well in highschool. You have peers that really look up to you. SO be good.

> I, Melissa McCord, hereby bequeath to:

Marie: as the last McCord girl, it is up to you to maintain the name here. Just kidding. I leave you 5 more years of plaid skirts and non-MBA boys. Keep a good attitude and enjoy them; they'll end sooner than you think. Call me often. I lové you, Seaweed.

The next Echerd advisory: the joy of knowing you're the best advisory on campus.



I, Anna Poss, hereby bequeath to:

Katie Poss: a fun, untraditional high school experience. Things might be tough at first, but I think you made the right decision and I admire the fact that you stepped out and tried something different. I also

leave to you all of Mom and Dad's attention, my plaid skirts, the task of keeping me up to date on the OC, Peabody, more road trips, and a dorm room floor in St. Louis whenever you might need it.

Lacy Magee: the responsibility of being my parents' "other" child and looking out for Katie. Have fun the next few years and make lots of good memories.

Lauren Braden: Time to Rise. It's so hard for me to leave something behind that I love so much, but I know you will do a great job and be able to handle anything they throw at

New Logos Editors: Logos. Enjoy it, meet your deadlines, be good to Ms. Croker, and keep our "award winning" status.

Zoe Stein: a packed house as you strut your interesting. thespian stuff next year and awe in the hearts of government boys at next year's conferenc- black girl.

Lacy Magee: I had to give a shout out to at least one black girl.

Margaret Walker: hopefully a few pounds as you have "trouble gaining weight", the Latin language, short dresses at formal dances, and an open invitation to visit whenever you so choose.

Monisha Chakravarthy: an Indian boy worthy of you, from your dry wit to your beautiful hands; the talent show, the prestigious and involved Cum Laude Presidency, and a BIG

The Cast and Crew of Footloose: dedication, passion, and broken legs.

The Honor Council: the spirit of compassion as well as justice, and hopefully some meetings that run over into A-Block.

The Art IIIs: Rosie (take good care of her), inhalants, lollies, and new materials pilfered from MBA

The YIG girls: conference domination, Christian Brothers, and Springman.

or B: the front row. Sorry. The Junior class: an appreciation of the coming transition in your lives, Buddha-nature as you face the college process, and a fabulous senior year.



"Life moves forward," says Mulgrew

Taylor Sitzler ('05)
Features Editor

In her ten years at Harpeth Hall, LaVoe Mulgrew has made quite an impact. Much of the faculty regards her as the best Director it has worked under. She is so beloved by the senior class that she has been chosen as this year's Step Singing speaker. In her tenure as the Director of the Upper School, she has been much more than an authority figure. It is not uncommon to find her office crowded with students (or balloons, as was the case on Senior Prank Day last year).

To quote the pledge that the Class of 2006 will soon be taking, there is little doubt that Mrs. Mulgrew will be leaving Harpeth Hall "better and more beautiful than it was transmitted to her." But why is she leaving Harpeth Hall? Has she enjoyed her time here? What are her plans for the future? The following interview aims to address some of these unanswered questions.

Q: What did you do before you came to work at Harpeth Hall? A: I was in the public relations business. I worked for a company called the Ingram Group, and before that I worked for another public relations company, and before that I was a journalist with the Associated Press.

Q: Why did you choose to transition to education?

A: Because at about the time that I had decided public relations was not my calling, Annie and Thomas were in school. I had always thought that I would one day like to teach English, so I gave myself permission to go back to school, get my Masters, and go try something else. I always loved school and I always loved English, and I thought that





Left: Mrs. Mulgrew in 1996, when began teaching English at Harpeth Hall; Right: In May, 2005, as she ends her tenure as Director of the Upper School.

it was a profession I would be more enriched by and have an opportunity to do good things in.

Q: What has been your favorite job?
A: This [working at Harpeth

Q: Which position did you like better—English teacher or Director of the Upper School? A: I like both of them, and both of them have a unique set of challenges and a unique set of rewards. One of the things I like

A: I like both of them, and both of them have a unique set of challenges and a unique set of rewards. One of the things I like best is problem solving, and I have an opportunity to do that more here than in classroom. The day to day challenges of being an administrator are more suited to me.

Q: What has been the most challenging aspect of your job as Director?

A: Trying to keep everything in

balance. You have three distinct constituencies to deal with in this job—the faculty, the students, and the parents. You have to keep all of that in balance and know that you have to make decisions that sometimes are difficult. You have to keep the best interest of the community in mind. So the challenge, I think, is keeping it all in balance.

Q: Have you ever found it difficult to maintain a close family relationship with Annie, Thomas and Mr. Mulgrew while being a career-woman? A: No, I have not. I'm busier sometimes than I want to be, and making decisions is something you have to do. You have to miss something at school sometimes or move things around, but I have been intentional about putting my family first. That's been more of a challenge as an administrator because it takes up

more of my time, but I think I have stayed true to it.

Q: What has it been like having Annie at school with you? A: It has been fabulous. I wouldn't say it works for every mother-daughter team. As parent and child, both of you have to have understood boundaries around your respective positions in school. Annie is part of the reason I have enjoyed working here, and [her graduation] is a major part of why it's time to leave. I've been here ten years and I've loved this school and this job, and it will be different for me personally when [the Class of 2005 is] gone. That's part of why I feel like it is time to leave my position here to someone else.

Q: What do you plan on doing after you leave Harpeth Hall? A: I don't know. Concentrate on Thomas for a while. Give myself permission to concentrate on him for a while. If something great comes long I will jump on it, but I am not going to go right out and start looking for something. I've always worked and I've always been a busy person, and I can't imagine that that will change.

Q: Do you see yourself ever returning to education?
A: Possibly. I think that sometimes in our roles as women we always feel like we are teachers. I think it's pretty natural. I just don't know what form it will take

Q: A lot of teachers who leave this school are still familiar faces on campus. Will you continue to hang around at Harpeth Hall?

A: [Laughs]. No. I am a real believer that life moves forward.

Faculty Tributes to Ms. Mulgrew

"Of the many sterling qualities Mrs. Mulgrew brings to her position as Director of the Upper School, the ones most people notice at first glance are her boundless energy and outstanding sense of humor. Few faculty or students would fail to recognize the evidence of her wry wit in conversation or that high-pitched giggle rollicking through the Massey Lobby. But LaVoe Mulgrew is more than just a bundle of fun. A closer association reveals her to be someone with a sharp intellect, keen insight, and great understanding. With students, parents, and teachers, she is fair, kind and practical. A masterful mediator and facilitator, she can run a meeting or parent conference with efficiency and aplomb. During a dark period in my personal life when I sometimes questioned myself as a "professional," she never did. She respected my needs, trusted my judgment, and affirmed me as a valued colleague. There are few on this campus who will not miss her keenly. She has substantially contributed to the life of this school, enriching the program and enhancing the lives of us all." -Nancy Grimes

"I've worked with a number of upper school directors over the years, including the great Jeff "Buddha Tattoo" Devin back at Collegiate in the Midwest, but Ms. Mulgrew earns the highest honors — for efficiency, good humor, generosity, blazing wit, and charm. She has managed to keep the ship of the upper school sailing gracefully while never taking herself or her work too seriously. An admirable balance is hard to strike in any profession, but she has done it. Like many of my colleagues, I tried to talk her out of leaving her post, but none of us could prevail. (Nor did she ever seriously consider getting a tattoo.) We all wish this superb leader — this skillful pragmatist with a keen respect for the the life of the mind — fulfillment in whatever she chooses to do next. Her many

talents open up numerous options for her."
-Joe Croker

top, ton...

Signs you've had the full Harpeth Hall experience

Taylor Sitzler ('05)Features Editor

You have been injured in the Powder-Puff football game. Or, you have caused bodily harm to someone else in the Powder-Puff game.

You have participated in a heated discussion in the Dean of Students folder.

You have received demerits from Mrs. Maxwell at least once.

You have threatened to physically harm

someone who forgot to bring advisory snack.

You have a girl crush. (Fellow editor

You recognize these lyrics: "If mamas sold their babies to gypsies for half a crown, then all the world would be up-

Claire Berry is mine.)

side-down."

You have a button and visor bearing Ms. Patty Chadwell's picture.

You have heard Mr. Croker's tales of Baba Dass and the other members of the Male Posse.

You know how to properly give an announcement. You even know how to properly give an announcement about giving a proper announcement. Katy Bowers is your announcement role model.

You could wear only Harpeth Hall T-shirts for a month without doing the wash. You've got Prom T-shirts, Spring Break T-shirts, Powder-Puff T-shirts, Art Club T-shirts, Leadership Retreat T-shirts, Spirit of Service T-shirts, and Spirit Shirts. You have Basketball, Soccer, Swimming, Diving, Lacrosse, Softball, and Tennis T-shirts. You even have a JCL T-shirt.

logos

College: Where do you see yourself?

Taylor Sitzler ('05) Features Editor

Sarah Lovett ('05) **Vanderbilt University** Q: Did you "always" know where you wanted to go? Or was your decision more difficult?

A: No, I did not know where I always wanted to go. For a long time I was dead set against going to a Tennessee school but after visiting and talking to students I decided that I could always just ignore my parents' calls.

Q: How many schools did you apply to? A: Six

Q: What was the most important factor in your decision? A: Mainly the fact that I won't have to learn my way around a new city while starting college.

Q: What schools were the most fun to visit?

A: Washington & Lee in Lexington, Virginia, Rice University in Houston, Texas, and Vanderbilt were the most fun to visit. W&L because of the history involved there, Rice because of the AMAZING restaurants.

Q: Are you going to live oncampus?

A: I'm required to.

Q: Do you know your roommate?

A: They don't allow us to room with people from the same state, but I think I'm going to get a single room anyway.

O: What are you most excited

A: No parents!

Q: What are you most concerned about?

A: Time management

Q: What advice would you give to Freshmen, Sophomores, and Juniors for the college process? A: Freshmen and sophomores: Your GPA DOES matter. Don't wait until junior year to bring it

Juniors: Don't push the deadlines. Get it done early. Apply to where you want to apply.

Brittany Northcross ('05) Harvard University Q: Did you "always" know

where you wanted to go? A: Actually, I hated the idea of going to Harvard because I had a bad experience visiting my sophomore year on a college trip. But then I fell in love with it when I visited this past winter just by chance on a trip with my

Q: How many schools did you apply to?

Q: What was the most important factor in your decision? A: The food. Harpeth Hall sets the standard pretty high.

Q: Are you going to live on-

A: Yes

Q: Do you have close friends going to school with you next

A: Yeah, three of my good friends are going.

Q: Do you plan on rushing a sorority?

A: Would you believe Harvard doesn't have sororities? I'm starting to rethink my decision.

Q: What are you most excited about?

A: Leaving home.

Q: What are you most concerned about?

A: Leaving home.

Q: What advice would you give to Freshmen, Sophomores, and Juniors for the college process? A: Don't obsess over standardized tests because it's really not worth it.

Aly Armistead ('05) **University of Alabama** Q: Did you "always" know where you wanted to go? A: I knew what I wanted, but not exactly where I wanted to go.

Q: How many schools did you apply to? A: Three

Q: What was the most important factor in your decision? A: I would say that size, location, and athletic conference (SEC)

were most important to me.

Q: What schools were the most fun to visit?

A: My college visits weren't the best experiences (on one a girl tried to beat me up), but Bama was pff (pretty freggin fun).

Q: Are you going to live oncampus? A: Yes

Q: Do you know your roommate?

A: I am rooming with the one and only Rachel Ashwood.

Q: Do you plan on rushing a sorority? A: Yes

Q: What are you most excited

A: Freedom and parties

Q: What are you most concerned about? A: Making friends

Q: What advice would you give to freshmen, sophomores, and juniors for the college process? A: Relax...don't make the process more stressful than it needs

Mary Susan Sinclair ('05) **Sweet Briar College** Q: Did you "always" know where you wanted to go? Q: No, I really had no idea. I knew I wanted a small school

and that I wanted to get a BFA in

theatre.

Q: How many schools did you apply to? A: Six.

Q: Did you visit Sweet Briar? A: Yes. I loved visiting Sweet Briar because it was so welcoming and well run.

Q: Do you know your roommate?

A: I'm going random. I'm a little worried. As an only child it's a little intimidating to share my space with other people.

Q: Do you plan on rushing a sorority? A: No

Q: What are you most excited about?

A: Definitely studying theatre all the time and also riding. I'm very excited about the entire college experience.

Q: What are you most concerned about?

A: Sharing my space, and keeping up with work if I'm not motivated to do it.

Q: What advice would you give to freshmen, sophomores, and juniors for the college process? A: START EARLY. Just sit down and fill out the applications, don't wait until the last minute. Believe me, there's more to it than you think.

Get 'green': Five energy saving tips Brought to you by the Science Club President

Alv Armistead ('05) Features Columnist



Energy Saving Tip #2: Drive a car with a high fuel efficiency rating, such as Dr. Echerd's Echo, rather than a gas-guzzling SUV.

So often we are told that we need to recycle or that global warming is on the rise. Although these are very important environmental issues, our community (Harpeth Hall as well as the greater Nashville community) is not nearly as aware of the key problems we are facing as it should

It is hard to truly understand our role in the damage of the earth when we cannot see the damage we are doing. The big issues like global warming seem so far away, and we question what difference we can really make. Progress is possible, however, if each person endeavors to make small changes in her daily life. Together, the efforts of individuals could add up to dramatic improvements.

Not only can we help save the earth for posterity, but we can save ourselves money through these five simple steps.

First of all, we need to save energy in our homes. The easiest way to do just that is to turn off the lights when leaving a room. This simple action can help

to preserve natural resources and lower household energy expenses. Also, as much as we may hate ly use the least amount of energy and last the longest.

Secondly, driving a car with a high fuel-efficiency rating can decrease air pollution and save money. With gas prices on the rise, investing in a fuel-efficient car is more advisable than ever. On that same note, only driving when necessary and carpooling when possible are measures everyone can take.

Unbeknownst to many, under-inflated tires increase a car's gas mileage. Millions of gallons of gas are being wasted because of under- inflated tires every day. A third way to avoid waste is to check your tires monthly.

Fourthly, buying in bulk at Sam's or Costco conserves cash and helps the environment at the same time. Usually these products are less likely to be over-packaged and therefore produce less waste. In addition, buying products that

or paper is helpful.

Of course, the fifth and CLE THEM.

Living an environmen-

are packaged in recycled plastic tally sound life by doing even these few things is so easy and becomes second nature quickly. fluorescent lighting (bad lighting, most obvious way to protect the Whether motivated by finances oh no!), fluorescent lights actual- environment as consumers is to or love for this planet, our actions buy recyclable goods and RECY- today can have a positive effect on the world of tomorrow.



Energy Saving Tip #5: Recycle as often as possible. At school, use this recycling bin, located at the end of the Junior Hall.



Shannon Niedermeyer ('06) participates in the long jump event at the City Meet. Harpeth Hall won for

HH senior is Scottish dancing **World Champion**

Melissa McCord ('05) Sports Editor

Mary Susan Sinclair ('05) has been involved in Scottish dancing for the past twelve years and has achieved a World Champion title in her age divi-

Sinclair began dancing twelve years ago after attending the annual Scottish Highland

games at Grassmere. The captivating traditional Scottish dancers prompted Mrs. Sinclair to sign her daughter up for lessons.

There are approximately 20 competitions in the US and 10 in Scotland, leading up to the World Championship in Cowal, Scotland ,during the last week of August. There are four different individuallyscored dances in a competition: the Highland Fling, the Sword Dance, the Seann Truibhas, and the Reel, which is Sinclair's favorite.

In 2004, Sinclair placed sixth in the Sword, fourth in the Seann Truibhas, and second in the Reel out of 500 competitors.

While Scottish dancing is very popular in the US, only a handful of Tennesseans participate. There are seven Scottish studios in the state. Sinclair's studio teaches approximately forty students, including Margaret Walker

Interestingly, there is one male participant in the entire studio. Overall, more women are involved in Scottish dancing than men, but in contrast to other sports, there are no differences between the dances. The only variance is the traditional cos-

The costumes as well as the music and routine are strictly traditional. A typical dance is very aerobic and lasts from one-and-a-



Mary Susan Sinclair ('05) sans her HH Campbell plaid skirt (not used in competi-

half to two minutes. Unlike other competitive forms of dance, Scottish dancers aren't allowed to create their own routines. However, there are levels of difficulty with extra points credited to specific, complex steps.

Every competitive Scottish dancer aims to qualify for the World Championship in Scotland. Only 500 dancers worldwide attend, 16 continue to the next round, and six receive awards. Because the competition is held

in Scotland, the bias against non-European dancers, particularly American dancers, can be overwhelming. Sinclair confirms that, as an American, "There is only one part of dance that I dislike, and that is the lack of equality. If you are from the USA the judges will most likely give you worse marks than the dancers from

> Scotland. You really have to be twice as good to get as much."

However, the competition is more about community and an opportunity to see familiar friends from different countries rather than hostility. "My favorite aspect of Scottish dancing is the amount of friends I make. It doesn't matter whether [we] are competing against each other or not; everybody loves one another."

Equivalent to most ancers her age, Sinclair predicts she will quit dancing before she enters Sweet Briar College. "It's like gymnastics. It's really hard to continue to dance [as I do] past the age of 17."

However, Sinclair plans to remain involved in dancing, possibly as a teacher. Her departure from dance ends a significant chapter in her life. Sinclair acknowledges that this transition will be bittersweet but admits that the one aspect she will not miss is the Scottish food. "The food in Scotland is terrible. If you want a chicken-burger at a game...there isn't any lettuce or tomato on it. Just meat and bread. When I get home, all I want to do is eat salads."

Downs and Coach Schwartz receive Civitan awards

Melissa McCord ('05)

Sports Editor

Whitney Downs ('05) is one of seven athletes to receive the annual Walter Nipper Sportsmanship Award, sponsored by the Nashville City Civitan. The award honors high school athletes who demonstrate exceptional sportsmanship, community service and academic accomplishments. Additionally, the players must be members of school teams that have won district basketball titles in the Nashville area.

largely credits senior players, that."



Whitney Downs ('05)

Whitney Downs and Sarah Baker, The Civitan also awards for the success of the 2004-2005 two Coach of the Year awards, season. Schwartz will also assume one to a boys' and the other to a the position of Director of Athletics girls' team coach. Harpeth Hall's for the upcoming school year. "We Middle School English teacher had a great run this year, and I'm and varsity basketball coach, thrilled with the award," Schwartz Karen Schwartz, was named this told The Nashville City Paper. "I year's girls' recipient. Having led look forward to building our prothe basketball Honeybears to two gram. It's because of players like Division II state championships Whitney who make it so special in the past three years, Schwartz and important that we're able to do

HH sports rituals Work hard, play hard

Mary Lucy Reid ('06) Staff Writer

Sweat, intense practices, and aching muscles are all too familiar to Harpeth Hall athletes. You may ask, "So how do they have any fun?" Depending on which team responds, the answers will vary from water skiing to Easter egg hunting. Traditions are unique to each team, but all have the same effect. They give the girls something to look forward to and create close bonds among them.

Basketball

Commonly referred to as "The Cult," the basketball girls are very close. "Traditions bring everyone closer because no one else knows a lot about them unless they are a part of the team," says Elizabeth Jackson ('06), a three-year member of the basketball team. "The team stands in the same order each time the 'National Anthem' is sung. Before each game, Laura Nichols ('06) and Krissie Binkley ('06) do their special handshake, and Gabby Gioia ('07) has her hair braided by Sarah Baker ('05)."

Cross Country

"I think consistency with a tradition that brings a good mindset is always a good thing," claimed Estee Simpkins ('05), a four-year veteran runner. Crosscountry has several of these traditions. "My favorite traditions are camp at Rock Island, Senior Work-Out Day, and the pinky circle before races," says Estee. "The team is bound together before each race by holding each other's pinkies. It may sound cheesy, but the energy and focus on the race is huge, and I think it impacts each girl's race, I know it does mine."

Soccer

"Soccer has some fun traditions that really bring the team together," says Emily Hassell ('06). "There's Freshman Initiation, but not much can be said because it is secretive. There is the passing down of the Bob Marley shirt every four years from a senior to a freshman. On game days we always go to breakfast and wear either our shirts or ties to school.

Caroline Tanner ('07) recalls fun traditions on the lacrosse team. "We go to team breakfasts and Senior Work-Out Day is a big part of the team. Oh, and what other team gets to have an Easter egg hunt?"

Traditions are a fun part of being on a Harpeth Hall sports team. They build relationships and provide breaks from the hard practices. Caroline states it best: "We work hard but we play hard."

Swimsuit Issue: more Playboy than Sports Illustrated

Emily Crowell ('05)

Staff Writer

The Sports Illustrated Swimsuit Issue. What does it have to do with sports, one might ask? Well, the answer is nothing.

The Swimsuit Issue

began 1964 when editor Andre Laguerre was searching for something to cover in the magazine during the dull winter season. He felt that there were not enough riveting sports include during these to counter this problem with

beautiful women wearing next to nothing. In 1964 however, the magazine was not quite as risqué as it is today. Back then, the models still shared the issue with actual sports. In fact, in 1964 there were only five pages of swimsuit models.

Today, Sports Illustrat-

ed produces a 222-page picture book comprised solely of seductive photographs and advertisements. This year's edition even came complete with "model trad-

nection between sports and sex that has become ever so present in American society.

Despite its popularity, there has been much controversy

> over whether the magazine should sold on newsstands or even published in the first place. Many people think that the issue degrading to women and morwrong. ally There have been several attempts by the Religious Right to ban the magazine,

as some consider it to be soft pornography. Regardless, it is probably safe to say that the Sports Illustrated Swimsuit Issue will continue to be published for years to come, most likely in an even longer format and with bigger and better features for the "reader".



months, and Original 1964 Sports Illustrated swimsuit model, Bebette March so he decided displays her white two piece swimsuit (left). 2004 model, Veronica Varekova, coyly holds hers.

loose sports connection to baseball cards. Obviously, Sports Illustrated continues to publish the magazine for the enormous profits, and they justify its publication with the argument that they are simply playing into the male con-

should look for are length, width

and arch support. If you have high

arches, you may need to purchase

arch supports. Those can be found

EVA insole for comfort

at any of your

local athletic

You

ing cards", what seems to be a

Simple guide to sports shoes Liz Nelson advises which shoes work

Melissa McCord ('05)

Sports Editor

Q: What are the best brand of sports shoes to buy?

A: Just walk into a shoe store or the mall and you see so many

brands of shoes, anything from walking shoes to ones with three inch rubber soles. I would say shoe stores do a pretty good job in categorizing

their Supportive 3shoes. The first

thing you want to separate

Non-marking rubber outsole

adiPRENE® insert under

heel for cushioning

out are the tennis shoes that are only serving as a fashion statement. You don't want to get the ones that have three inch soles and are named after clothing companies. They may be okay to

the shoe where the ball of your foot rests, and the back of the shoe should be rigid. If the sole of the shoe does not give, you probably have more of a cross trainer type shoe, because they are supposed walk around in, but that's it. For to be used on various surfaces. running, you want a shoe that fits If you have problems with shin you properly and gives you good shock absorption. Things you splints, I would not recommend

Adidas women's Transceiver (\$70.00)

this type of shoe. Brands such as Asics, Saucony, Nike, Adidas, Reebok and New Balance make good running shoes. Just be careful with some of the New Balance shoes, because a lot of them are more for fashion than running

> purposes. Recap

1. Proper fit

2. Good shock absorp-

3. Pay attention to length, width and arch support

4. For high arches, pur-

Breathable, synthetic mesh covering

chase arch supports 5. The sole should be flexible (especially

should be able to flex the sole of where the ball of the foot rests) 6. If the sole does not give, it is most likely a cross trainer shoe 7. The back of the shoe should be

8. Be wary of fashionably improper New Balance shoes

Recommended brands

Asics, Saucony, Nike, Adidas, Reebok and New Balance

Instant replay

Spring sports finish strong

Melissa McCord (*05) Sports Editor

Lacrosse



From left to right: Elle Worsham, Katie Gallagher, Anne Granbery, Augusa Cole, Melissa McCord, Katie Shaub, and Lauren

Season record (win/ loss): 14/ 1 State semi-final on Fri., May 13 @ 7:00 PM (@ HH) versus

Seniors: Augusta Cole, Katie Gallagher, Anne Granbery, Melissa McCord, Lauren McKinney, Katie Shaub, and Elle Wor-

Softball



Season record (win/ loss): 7/ 18 games

Seniors: Caroline Hale and Maddie Martin

Track

Season record: 1st at McCallie Invitational in Chattanooga, 2nd at Doug Hall replays, 1st in the City Meet

Seniors: Ceci Creagh, Ellen Hammer, Sarah Rowe, Lizzy Shell, Morgan Stengel, and Erica Yartz

Tennis

Season record: Placed fourth in the annual Patty Chadwell tennis tournament (hosted by HH) with Sarah Baker and Edie McDonald placing No. 2 and No. 3 in singles

Seniors: Liz Anderson, Sarah Baker, Katy Bowers, Allison Milam, Edie McDonald, Kathleen Morphis, and Abby Rudd

Brooke and Aly's Sushi Extravaganza Two HH senior foodies visit a local sushi spot

Brooke Bloom ('05) and Aly Armistead ('05) Staff Writer Staff Writer

Virago 1811 Division St

Upon entering this posh midtown eatery, one finds the atmosphere immediately set. Dark, smoky, and contemporary, Virago is both a relaxing and exhilarating social hangout. Whether you are out for a cozy meal in a cushy booth or for an upbeat quick bite before a night on the town, this is the place. Though not exactly your parent's scene, because of price, you might consider letting them take you out to eat here. If you are in the market for an exciting girls' night out on the town, Virago is definitely recommended.

One might define the cuisine as an American blending of several Asian culinary traditions. The appetizers are the perfect size for a light, late dinner or to complement a heavier meal. The beef gyoza are a tantalizing mix of crispy, crunchy, and tender beef, and they are served with a dipping sauce that picks up the

powering them. The edamame, Fire an Asian classic of boiled soy beans that's hard to mess up, is warm and salty and some of the best to be found in Nashville. The crab dumplings are also a menu highlight: nothing short of TDF (to die for). Creamy, sweet, and tangy, these succulent, melt-inyour-mouth dumplings are a great alternative to run of the mill crab cakes or crab salad.

The incredible selection of entrees shows the heavier side of this chic establishment. Amongst the plethora of sushi are all the experitreasures and gems of crab, avocado, tempura, and chili sauce. Although all of the rolls are enjoyable, Super Crunch (tempura shrimp, spicy mayo, masago, and chives wrapped in smoked salmon) stands out. None of the sumptuous ingredients outdo the others; instead they blend into the perfect combination on the diner's tongue. The Godzilla (tempura shrimp, masago, fire sauce, cream cheese, green onion, and sesame seeds) is another delicious flavors of the meat without over- sushi delight. Unfortunately, the

Crunch (tempura shrimp, spicy mayo, cheese, and fire sauce) leaves something to be desired. The chili sauce that covers this roll overpowers the subtle flavors of its other ingre-

ence at Virago is fantastic, the food delicious, and the service memorable. It would be a crime to miss out on this restaurant. of Nashville's best.

(8 out of 10 stars) (Price Range: \$25-35 per per-

The interior of Asian fusion restaurant Virago home of many delightful sushi rolls such as Double Crunch, The Godzilla, and Fire

For More Great Sushi...

Samurai Sushi 2209 Elliston Pl. Shintomi 2184 Bandywood Dr. RuSan's 505 12th Ave. South Goten 110 21st Ave. S. Tenno 3408 West End Ave. Osaka 2930 West End Ave.



A.P. Art Show Opening: Get Inside Their Heads

Compiled by Perry Del Favero ('05) Entertainment Editor

The annual and always awe-inspiring A.P. Art Show opened April 28. For those who were not able to come, here are just a few highlights and explanations from the artists themselves.

.Jezebel By Claire Berry print was challenging because I couldn't exactly work from a live nude model at Harpeth Hall!

But since I sought

to do a piece reminiscent of a medieval Roman Catholic icon, I was able to use pictures of icons of the Virgin Mary as reference for the face. The rest of the detail on the body I essentially had to make up, since Mary is typically depicted

clothed. I ran the plate five times for yellow, orange, red, brown, and gold and added paper for the clothing. Overall, I really like how it turned out. Look for Jezzy on the cover of Hallmarks!"

Emily By Ellen Davis

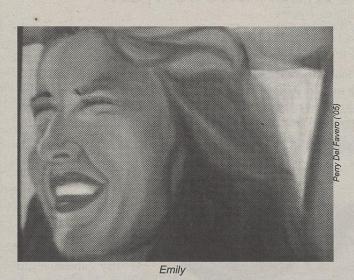
Although it looks just like her, this portrait is actually of Ellen's older sister, Emily. "The



picture was taken on a beach in Brazil. I had to be careful to eliminate her armpits because she doesn't shave them and it didn't necessarily look pretty."

Tangles By Kelly Diehl

This painting is of Ellen and Claire brushing their hair out after getting out of a lake. Because they hadn't showered all weekend their hair was slightly matted. "For my concentration I wanted to capture the body in angles of distortion. I loved their hands in this picture."



Tangles

The A.P. Art Class has produced many great works this year. If you want to learn more about the other girls' pieces or to talk about art in the future, talk to one of these girls!

Tori Patterson Tricia Ritter Claire Berry **Ellen Davis** Kathleen Goetz **Annsley Miller** Kelly Diehl Mary Ross Bryant Ellen Wheeler